

PLEDGE CARD

I, _____, am participating in Screen-Free Week 2011, April 18-24. I pledge to: 1) watch no TV or DVDs, play no video games, and only use the computer if it's required for a homework assignment; 2) encourage my friends and family to go screen-free; 3) explore new screen-free activities; and 4) HAVE FUN!

Instead of spending time with screens, I will:

screen-free
week



Presented by Campaign for a
Commercial-Free Childhood
www.screenfree.org

PLEDGE CARD

I, _____, am participating in Screen-Free Week 2011, April 18-24. I pledge to: 1) watch no TV or DVDs, play no video games, and only use the computer if it's required for a homework assignment; 2) encourage my friends and family to go screen-free; 3) explore new screen-free activities; and 4) HAVE FUN!

Instead of spending time with screens, I will:

screen-free
week



Presented by Campaign for a
Commercial-Free Childhood
www.screenfree.org

PLEDGE CARD

I, _____, am participating in Screen-Free Week 2011, April 18-24. I pledge to: 1) watch no TV or DVDs, play no video games, and only use the computer if it's required for a homework assignment; 2) encourage my friends and family to go screen-free; 3) explore new screen-free activities; and 4) HAVE FUN!

Instead of spending time with screens, I will:

screen-free
week



Presented by Campaign for a
Commercial-Free Childhood
www.screenfree.org

PLEDGE CARD

I, _____, am participating in Screen-Free Week 2011, April 18-24. I pledge to: 1) watch no TV or DVDs, play no video games, and only use the computer if it's required for a homework assignment; 2) encourage my friends and family to go screen-free; 3) explore new screen-free activities; and 4) HAVE FUN!

Instead of spending time with screens, I will:

screen-free
week



Presented by Campaign for a
Commercial-Free Childhood
www.screenfree.org